

British Airways Athletics Club World Airline Road Race London 2010

Newsletter - No 1
1st November 2009



Welcome to the 1st WARR London 2010 Newsletter. We intend to publish a newsletter regularly giving you all the latest news and information about the 29th World Airline Road Race being held during the week of 25th September 2010. Around 2,000 travel-industry participants are expected to travel to London for a 4-day festival of culture and entertainment focused around 5k and 10k running races.

In addition to the newsletters, your team captains will be receiving important information updates to ensure you make the most of the event. Keep checking the WARR London website for all the latest information.

Katherine Henville adds -

"The club is delighted to be hosting the World Airline Road Race next year. London is a wonderful city with hundreds of attractions and sights of interest. The city really does have something for everyone! WARR was last in London in 1985 and a lot has changed since then: Buckingham Palace is now open to the public, we have 43 Michelin star restaurants, you can see the whole of London from the London Eye, Bankside Power Station has been converted to the world-renowned Tate Modern and you can see first-hand London's preparation for the Olympics in 2012.

These newsletters will be full of suggestions of/about how you could spend your time whilst you're in London and tips for your trip, keep looking out for future editions. Looking forward to seeing you in September"
Katherine

Event registration will be available from
March /April 2010.
Full details to follow!

The British Airways' Athletics Club has selected Dreamflight as the 2010 chosen charity.

Dreamflight is a registered UK charity whose purpose is to take seriously ill and disabled children on their 'Holiday of a Lifetime' to the theme parks of Central Florida. Lots of other charities do some wonderful things like funding research or purchasing medical equipment, but Dreamflight believes that fun and joy are just as important – especially for children who perhaps can't wait long enough for the breakthrough they need or whose illnesses and treatments have brought pain, distress and disruption to their lives.

For more details see - www.dreamflight.org

WARR London Committee

Chairman	Katherine Henville
Project Manager	Roderick Hoffman
Race Director	Simon Turton
Communications	Natalie Lang
Webmaster	Roderick Hoffman

There is a Crossword Competition on the website that many of you may have seen in China. To ensure everyone has the opportunity to participate, the competition will remain open until Dec 25th 2009. **The prize is a pair of Gala Awards Dinner tickets.**

Please contact us for general information or suggestions on our email address:

info@warrlondon.com

Exchange Rates – 1st Nov

£ per \$ - 1.64

€ per £ - 1.10

Weather

Last updated: Monday 2nd November at 07:35 GMT

 Tuesday Light Rain Max: 14°C Sunrise: 06:58	 Wednesday Sunny Intervals Max: 13°C Sunrise: 07:00	 Thursday Heavy Rain Shower Max: 12°C Sunrise: 07:02	 Friday Sunny Intervals Max: 12°C Sunrise: 07:04
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In each edition we will be recommending a famous London sightseeing attraction. This month it is:-

London Eye - A flight on the London Eye, the world's most famous observation wheel, is an unrivalled experience. As you rise to an incredible 135 metres above the River Thames, the 30 minute rotation provides stunning panoramic views of the city and reveals parts of London which are



simply not visible from the ground. For a truly stunning view, visit at sunset or after dark and see the city awash with colour and famous landmarks floodlit. Each capsule is fully enclosed, air-conditioned and holds up to 25 passengers with bench seating provided.

Price (2009) Adult £17.50, Child (5-15) £8.75

Nearest Tube: Waterloo / Westminster

Opening Times September 10.00am - 9.00pm

Website: <http://www.londoneye.com/>

Further Information - www.visitlondon.com

Visas

Citizens of Canada, the USA, South Africa, Australia, New Zealand, and certain Commonwealth countries, do not require a visa to holiday in the UK. However, you will need to fill in forms to apply for entry clearance on arrival, and may not stay for longer than six months.

Citizens of the European Economic Area and Swiss nationals do not require visas to enter the UK. The European Economic Area covers the countries of the EU, plus Iceland, Liechtenstein and Norway.

Visa regulations are frequently revised. See the **UK Visa website** or check with your local British Embassy or other diplomatic representative before you travel.

For full details of these and other visa regulations, see the **Border and Immigration Agency website**

Customs

Customs controls at UK points of entry distinguish between goods bought within the EU, with local duty paid in the country of purchase, and duty free goods bought elsewhere.

Within the EU - Tax and Duty Paid

In 1999, duty-free sales for travellers within the EU were abolished. However, some types of goods remain cheaper when bought in other EU countries, with local duty paid. Enquiries will be made by Customs Officers at your point of entry to the UK if you attempt to bring in more than:

- 3,200 cigarettes
- 200 cigars
- 3kg tobacco
- 10 litres of spirits
- 20 litres of fortified wine (eg port/ sherry)
- 90 litres of wine
- 110 litres of beer

Outside the EU - Duty Free

When travelling to the UK from outside the EU you are allowed to bring in the following, provided you travel with the items and do not intend to sell them:

- 200 cigarettes, 100 cigarillos, 50 cigars, or 250g of tobacco
- 2 litres of still table wine
- 1 litre of spirits or strong liqueurs over 22% volume or 2 litres of fortified wine, sparkling wine or other liqueurs
- 60ml of perfume
- 250ml of toilet water
- £145 worth of all other goods including gifts and souvenirs

Visit the **HM Revenue and Customs website** for full details.

VAT Refunds

Citizens of countries outside the EU can get VAT (Value Added Tax) refunded on some purchases made in the UK. See the **Taxes and Refunds page** for details.

Top 6 classic Cockney Rhyming Slang

- Apples and Pears **stairs**
- Adam and Eve **believe**
- Butcher's Hook **look**
- Ruby Murray **curry**
- Trouble and Strife **wife**
- Barnet Fair **hair**



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LONDON 2010