

British Airways Athletics Club

World Airline Road Race London 2010

Newsletter - No 4

May 2010



Welcome to the 4th WARR London 2010 Newsletter about the 29th World Airline Road Race being held during the week of 25th September 2010. In this edition we are focusing on some of the frequently asked questions we have been receiving.

How do you book the race HQ Hotel?

The early bird rates at the Novotel ExCeL can ONLY be booked using the booking form. It has been included with this Newsletter, but can also be found on our website www.warrlondon.com on the hotels page This needs to be printed, filled in and sent to the hotel either by post, fax or scanned in and attached to an email. **From June the early bird rates will no longer be available.** After this date you will be able to book rooms through the hotel's website at the normal hotel rates The race head quarters hotel is the location of Registration and the WARRtering Hole and is convenient for most other festival events.

Am I eligible to run?

Anyone can take part though eligibility for the main individual and team awards are restricted to current and former employees of passenger or freight airlines, or companies whose principle business is directly airline transportation related (such as administrating airports or providing aircraft services).

Can I run both the 5k and 10k races?

Yes, entry into either the 5k or 10k enables you to run in both races for the single fee. Note though that you can only accept one finish medal.

How late can I sign-up?

We have not announced when active.com will stop accepting entries because we believe that the event will sell out, hence any date we publish would be misleading. We will advise team leaders as bookings approach the capacity constraints. If you leave your booking late you risk not being able to join us.

How are the teams organised?

All airlines participating in the World Airline Road Race are represented by a team captain from the airline. The Team Captains are listed on the international website (<http://worldairlineroadrace.org/captains.html>). New captains can be appointed please notify Barry de Kock at bdk@iburst.co.za

Who can help me with the booking forms?

Each airline has a team captain and they should be able to help you entry. Alternatively for the race entry and the awards party contact runmax@yahoo.com and for the hotel bookings contact hotel@warrlondon.com

Can I just turn up and run?

No. All participants need to have signed up through the active.com forms on the International Site before they travel to London (<http://worldairlineroadrace.org/registration.html>).

What is the format of the Awards Event?

The Awards Party has a different format this year with the focus on "Party". Winners will be presented with their awards and food will be provided but this will not be a formal sit down dinner. This has enabled us to keep the price of the Awards Party down to an acceptable level and if successful could be the shape of the awards event in future years.

Will I need an Umbrella?

We are not responsible for the weather. London in September could be wet or dry, warm or cool, windy or still. If it is wet and windy the race course could prove to be exposed so spectators may appreciate raincoats.

Checklist for WARR - Have you

- Registered online
- Advised any special needs
- Booked flights
- Booked hotel
- Checked visa requirement

Please contact us for general information or suggestions on our email address:

info@warrlondon.com

Weather

Monday 24 May 2010 to Sunday 30 May 2010

As we head into the last week of the month, it looks as if high pressure will keep the weather settled in most areas, especially in southern, central and western parts. It will feel warm and humid, and even quite hot at times where any prolonged sunny spells break through.

In each edition we will be recommending a famous London sightseeing attraction. This month it is:-

Buckingham Palace

Buckingham Palace serves as both the office and London residence of Her Majesty The Queen. It is one of the few working royal palaces remaining in the world today. During the summer, visitors can tour the nineteen State Rooms, which form the heart of the Palace. These magnificent rooms are decorated with some of the greatest treasures from the Royal Collection, including paintings by Rembrandt, Rubens and Canaletto and sculpture by Canova.



This summer, visitors to Buckingham Palace will experience the spectacle of the Ballroom set up for a State Banquet. Held in honour of a visiting Head of State, the State Banquet is the occasion when The Queen entertains around 170 guests on the first evening of a State Visit.

During Her Majesty's reign, 77 State Banquets have been held at Buckingham Palace, 18 at Windsor Castle and two at the Palace of Holyrood house in Edinburgh, Scotland.

Price (2009) Adult £17.00, Child (5-16) £9.75
Nearest Tube: Victoria, Green Park, St James's Park or Hyde Park Corner.

Opening Times September – 09:45 – 18:00
(last admission 15:45)

Website: <http://www.royalcollection.org.uk>
Email: bookinginfo@royalcollection.org.uk

Further Information for all London's top destinations go to www.visitlondon.com

Oyster Travel Cards

Oyster is a blue plastic card you can use instead of paper tickets. You can put Travelcards on it, as well as credit which you use up as you travel. You can:

- ➔ Store credit to pay as you go
- ➔ Set up Auto-top up so you never run out of credit
- ➔ Add Travelcards if they're for longer than a day
- ➔ Add Bus & Tram Passes
- ➔ Add Railcards
- ➔ Get adult and child discounts with an Oyster photocard if eligible

Oyster cards are reusable

Just keep topping up with credit or renewing your Travelcards on the same Oyster card when you need to.

Pay as you go

Cheaper

- ➔ Single fares are generally cheaper with Oyster than cash
- ➔ Oyster automatically works out the cheapest fare for all your journeys so you'll never pay more than the price of a Day Travelcard. (check website for more details on Daily price capping)
- ➔ Add Railcards to you Oyster card and get 34 per cent off the Daily price cap

Quicker and easier

- ➔ Put credit on your card then use it as you go. No more queuing for tickets
- ➔ No need to plan your journey or buy a specific ticket in advance

Buy Oyster Card Online

Beat the queues and give yourself more time to enjoy London by buying your Visitor Oyster card or Travelcard online and have them delivered to your door.

To use the online shop, you must be in one of the 58 countries we can deliver to. If you're travelling soon, you can also check to see if we can deliver your tickets to you in time.

Other ways to buy tickets in advance

If you cannot buy your Visitor Oyster Card online, you can get one from the following before you arrive in London.

- ➔ Gatwick Express: from the ticket office at Gatwick and the Gatwick Express desks in both Terminals
- ➔ Stansted Express Ticket Office at the Airport rail station
- ➔ Eurostar: on board trains travelling to London
- ➔ EasyJet flights to London Luton, Gatwick and Stansted
- ➔ Some overseas travel agents who sell tickets on our behalf (please check website)

You can also buy a Travelcard or an Oyster Card when you arrive in London.

Further information on how and where to buy tickets in London.

<http://visitorshop.tfl.gov.uk/>

Top 6 more Cockney Rhyming Slang

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|------------------|---------------|
| ➤ Adam and Eve | Believe |
| ➤ Barney Rubble | Trouble |
| ➤ Bowler hat | Chat |
| ➤ Britney Spears | Beers |
| ➤ Bubble bath | Laugh |
| ➤ Half inch | Pinch (steal) |



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LONDON 2010